



# CITB Site Management Safety Training Scheme

(SMSTS)



## Introduction

The Site Management Safety Training Scheme covers all relevant legislation and other aspects which affect safe working in the building, construction and civil engineering industries. It highlights the need for risk assessment in the workplace, the implementation of necessary control measures and adequate communication to sustain a health and safety culture among the workforce.

This course is endorsed by Build UK as the standard training for all construction managers.



## Course Duration

SSG offer this course over five days as a classroom or virtual course. Delegates are required to attend all five days of the course, completing a total of 37.5 hours, to be eligible to take the final assessment.



## Course Attendees

This course is designed for site managers, agents and persons who are or are about to be responsible for planning, organising, monitoring, controlling and administering groups of staff.

### Note

Delegates must be competent in English at site management level in order to complete this course.



## Course Programme

At the end of the training, delegates will be aware of and be able to implement or state:

- All health, safety, welfare and environmental legislation which affects them during their daily work
- New guidance and industry best practice
- Their duties and responsibilities with regards to health, safety, welfare and the environment

The course will cover the following modules:

### Module 1:

- Health and safety law
- Health and Safety at Work Act 1974
- Construction (Design and Management) regulations
- Health and safety policies

- Risk assessments and method statements
- Induction and training
- Effective communication
- Leaderships and worker engagement
- Inspection and audit
- Statutory forms, notices and registers
- Accident prevention, control, reporting and investigation

#### Module 2:

- Management of health
- Welfare facilities
- Stress and mental health at work
- Drugs and alcohol
- Control of Substances Hazardous to Health (CoSHH)
- Lead, asbestos, dust and fumes, noise, vibration and manual handling

#### Module 3:

- Site organisation
- Fire prevention and control of dangerous substances
- Electrical safety
- Temporary works
- Plant and work equipment
- Mobile plants and vehicles
- Lifting operations and equipment
- Mobile workforce and driver safety

#### Module 4:

- Work at height regulations
- Safe working at height
- Common access equipment
- Scaffolding
- Fall arrest and suspension equipment
- Excavations
- Underground and overhead services
- Confined spaces



### Training Certification and Assessment

Delegates will be assessed by the completion of core exercises throughout the course, a group presentation on day five followed by a multiple choice / written exam paper. Successful delegates will be awarded with a CITB certificate, which is renewable every five years by attending a CITB approved two-day refresher course.



### Suggested Follow on and Complementary Courses

- CITB Site Management Safety Training Scheme Refresher
- NEBOSH Health and Safety Management for Construction (UK)